Better Mental Health, Better Lives

The BasicNeeds Model

Supporting the health and wealth of people and communities affected by mental illness

Over 650,000 lives transformed in 12 countries since 2000

In 2015, of the 37,387 affected participants in our programme:



80%

Had access to treatment*

*baseline 58%



78%

Reported reduced symptoms



80%

Were able to work*

*baseline 52%



39%

Were in community groups*

*baseline 4%

Millions more need help. Support BasicNeeds now.



What it costs

US \$9.67 per person, per month

How it works

- 1 Capacity Building
 Equipping people to work on mental health issues
- 2 Community Mental Health
 Developing accessible services
- 3 Livelihoods
 Creating opportunities for affected people
- 4 Research
 Generating and applying real-world evidence
- 5 Collaboration
 Forging partnerships to improve mental health provision



