MENTAL HEALTH INTEGRATION

Filling the Gap: Strengthening Mental Health and Psychosocial Support in the Middle East through an Integrated Approach

1 in 5 people are affected by mental health problems

76% - 85% of people with mental disorders do not receive appropriate care in low-middle income countries

These numbers are exacerbated in humanitarian contexts

STEPS FOR INTEGRATION

STEP 1
Ensure stakeholder engagement & baseline situational analysis

STEP 2
Build capacity of general healthcare staff

STEP 3
Provide clinical & community level interventions

STEP 4
Ensure holistic integration through referral pathways, medicine supply, treatment adherence

STEP 5
Engage in networking, coordination & advocacy

STEP 6
Support sustainability of mental health services

LEBANON
International Medical Corps has been supporting the development and implementation of the first National Mental Health Plan and Strategy

SYRIA & JORDAN
International Medical Corps co-chairs national level Mental Health & Psychosocial Support coordination groups which support mapping of services and the development of referral pathways

INVESTING IN MENTAL HEALTH INTEGRATION LEADS TO:
- Greater Availability
- Acceptability
- Accessibility and Quality of Mental Health Services

JORDAN
Mental health case management and mental health services have reached over 1500 beneficiaries in 2015

SYRIA
A community-based mental health & psychosocial support program has provided over 25,000 mental health services as of May, 2015

IRAQ
In 2015, 85 healthcare staff were trained in psychological first aid and 78 in identification, management, and referral of mental health cases

LEBANON
12 mental health case management teams are providing mental health assistance for vulnerable populations throughout the country

TURKEY
As of mid-2015, approximately 9,000 people received care from psychosocial support programs

54 Service Delivery Points with Trained Staff in Mental Health Across the Region in 2015

Number of Service Delivery Points

IRAQ
LEBANON
JORDAN
SYRIA
TURKEY