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ATMIYATA Study

Survey Consent Form

Purpose of the Study

Hello. My name is _____. ILS is conduct a study on mental health and wellness in your community. The study will be conducted in 25 villages in Penth /Triambak Taluka. If you agree, we would like to interview you.

Procedures and Protocol

We would like to interview you which will take 45 mins to one hour.

If you agree to participate in this study, we would like to meet you to interview you in a private setting of your choice, where you will feel comfortable to talk with us. During the interview, you will be asked questions about your background, your life experiences, your health and the health care available. If some of the topics we discuss appear too personal or difficult to discuss you have the right to stop the interview at any time, or to skip any questions that you don't want to answer.

Benefits and Risks

Your participation is completely voluntary. If you participate, your participation will help health policy makers learn how to provide mental health services that can reach many more people.

Confidentiality

Whatever information you will provide will be kept totally confidential.

Your name will be not be recorded on the interview form or on any other data forms. The interview schedules will be kept in a locked cabinet. We will keep a record of who participates in this study, but we will keep that information separate from the data forms, so nobody would be able to link your names to the information you provide.

Offer to answer questions

If you have any questions, you may contact Dr Kaustubh Joag at 9881769500.

Do you agree to be interviewed? _____ Yes _____ No

Whom to call in case of an emergency? Who do you call if you have questions or problems?

You can contact Dr Kaustubh at this phone 9881769500 if you have any questions about the study. You can contact Dr Kaustubh 9881769500 if you have questions about your rights as a study participant.

Subject's Statement

I have read or have been read the above considerations regarding participation in the study. I have been given a chance to ask any questions I may have and any questions have been answered to my satisfaction.

I understand that my records will be kept private and that I can stop the interview at any time. I also understand that my decision to stop the interview will not affect the health services I receive.

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NOTE WHETHER RESPONDENT AGREES TO BE INTERVIEWED]
DOES NOT AGREE TO BE INTERVIEWED -->THANK PARTICIPANT FOR HER TIME
] AGREES TO BE INTERVIEWED
] AGREES TO BE INTERVIEWED. RESPONDENT IS NON LITERATE & HAS GIVEN
VERBAL CONSENT

Signature _____ Date _____

Oral Consent (for illiterate individual) _____Yes _____No

Date _____

Witness present at the time of consent – (For Illiterate individuals) – Yes / No

Witness signature – _____ Date – _____

Please tell me if this time and place are good to talk?

If there are any problems we can agree on a place and time of your choice.

Investigator's statement

I, the undersigned, have explained to the volunteer in a language he understands the procedures to be followed in the study and the risks and benefits involved.

Interviewer's signature

Date

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**Atmiyata Questionnaire
ILS , Pune**

Name of the Village
Village number

Start Time:

End Time

Date of Survey

ID Number

Electoral ID NO

Investigator's Name
Signature

Field Supervisor's Name
Signature

Checked by (Name) _____
Signature _____

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SECTION 1: BACKGROUND CHARACTERISTICS

	Question	Coding categories Coding	Skip to Skip
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Now we will start the questionnaire and we will start talking about some background questions about yourself.

Q101	Gender of the respondent? <i>Fill by observation</i>	Female1 Male2	
------	------------------------------------------------------	----------------------------------	--

102	What was your age on your last birthday? <i>Here if he is sure then do write the age below. And if not sure, then say. Even if you are not very sure of the age you could give me an approximate idea of your age. Get an approximate idea and put down the age.</i>	AGE IN COMPLETED YEARS..... [] []	
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Q103 a	Could you tell me in which month you were born? <i>Please write down the month. If the person does not know the exact months do not force him/her to answer.</i>	MONTH[] [] DON'T KNOW MONTH 99	
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Q103 b	Which is your year of birth? <i>Please write down the year. If the person does not know the exact year does not force him/her to answer.</i>	YEAR[] [] [] [] DON'T KNOW YEAR 99	
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COMPARE AND CORRECT Q102 and Q 103b IF INCONSISTENT

Q104	Have you ever attended school for studying?	YES..... 1 NO..... 2	
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Q105	What is the highest level of school you attended?(Single coding)	NO SCHOOL..... Can read and write..... .1 PRIMARY. (Up to 4 th std)..... 2 5 to 7 th3 8 th to 10 th4 10+.....5	
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Q106	What is your religion? If by observation you are to know the religion please code, else ask	HINDU 1 BOUDH..... 2 MUSLIM..... 3 OTHER _____ 4	Ask Q 107, if only coded '1',
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		(SPECIFY)	else skip to Q.108
Q107	What is your caste?	Hindu Mahadeo 1 Warli 2 Konkanar3 Others 4	
Q108	What is your occupation? Multiple coding, maximum 3	Farming on own land.....1 Farming on other's land.....2 Agricultural labor on others' land Farming on land owned by self and agricultural laborer (on others' land) 3 Having own business.....4 Working at someone's shop / home or business5 Housewife6 Not working.....7 (MGNREGA).....8 OTHERS9	
Q109	How many months have you worked in the last 12 months? Write 0 if the respondent has not worked at all	_____ months _____	
Q110	What is your current Marital status? Read out options	Currently Married.....1 Widow/widower.....2 Unmarried.....3 Seprated.....4	If coded 3, then skip to Q 112 3 code kelyas, skip kara
Q111	How many children do you have? If the respondent has no children, then write 0 for all the three options	Girls _____ Boys _____ Total _____	
Q112	Do you live in a joint or nuclear family? <i>Please explain Nuclear as – Husband, wife and children and no one else, if any other person apart for the Nuclear family is joint</i>	Joint.....1 Nuclear.....2	
Q113	How many members currently living with you in this home? (including the respondent)	_____ family members	
Q 114	How would you describe your house? <i>It can be easily filled by observation please do</i>	Kutchra1 Kutchra-Pucca2	

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	soवर्णन कैसे कराल? जर ते	Pucca पक्के.....3	
Q 115	How many rooms in your house? rooms	
Q 116	How many mobile phones in your home?	_____ mobile phones	
Q117	Where do you go for defecation?	Personal toilet.....1 Shared/public toilet.....2 Open defecation3	
Q 118	Do you watch TV	Yes 1 No 2	
Q 119	What is your favorite program	Program 1 _____ Program2 _____ Program 3 _____	
Q 120	How many hours do you watch TV in a week?	Weekdays (Mon Sat) _____ hours Weekends (Sun) _____ hours	
Q121	How many hours do you listen to the radio in a week? Probe for getting an estimate of hours Write '0' if the respondent does not listen to radio	____ hours <input type="text"/> <input type="text"/> <input type="text"/> <input type="text"/>	
Q122	What are the activities that you do on your mobile?	Songs1 Bhajan2 Film.....3 SMS.....4 Internet5 Camera6 None.....7	

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SECTION 2 GENERAL HEALTH QUESTIONNAIRE

We wish to know if in the past few weeks if you have been not feeling well and how has your health been. Tell us about your present or recent complaints, not about those from your past. Now let us take an example. If it rains very well on your field, then we will say that this time the crop would be banda rupaiya or 1 rupee. If it rains well but not so good as it should have rained; we will say that the crop would be 75 paise. If it rains average then we will say that the crop will be 50 paise. If it rains terribly badly then we will say that the crop would be 25 paise. The year where there are no rains we will say that the crops won't even be 2 paise, is that okay? Now I will ask you some questions for which you will have to answer in paisa.

	Item	Paisa पैसे
Q201	Recently how many paise in a rupee do you feel that you have lost sleep over worry?	
Q202	Recently how many paise in a rupee do you feel that you have felt constantly under strain?	
Q203	Recently how many paise in a rupee do you feel that you have been able to concentrate on whatever you are doing?	
Q204	Recently how many paise in a rupee do you feel that you are playing a useful part in things?	
Q205	Recently how many paise in a rupee do you feel that you have been able to face up to your problem?	
Q206	Recently how many paise in a rupee do you feel that you are capable of making decisions about things?	
Q207	Recently how many paise in a rupee do you feel that you could not overcome your difficulties ?	
Q208	Recently how many paise in a rupee do you feel that you are reasonably happy, all things considered?	
Q209	Recently how many paise in a rupee do you feel that you have been able to enjoy your day-to-day activities?	
Q210	Recently how many paise in a rupee do you feel that you are unhappy and depressed?	
Q211	Recently how many paise in a rupee do you feel that you have been losing confidence in your self?	
Q212	Recently how many paise in a rupee do you feel that you have been thinking of yourself as a worthless person?	

SECTION 3 SOCIAL ENTITLEMENTS

Q301 We are now going to talk about some government schemes which provide different benefits. I will tell you the names of some schemes. Please tell me if you know about the scheme and if you or your family has used the scheme

	Government Schemes	Aware of		Used	
		Yes	No	Yes	No
301A	Sanjay Gandhi Niradhar Yojna	1	2	1	2

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			Skip to next		
301B	Indira Gandhi National Widow Scheme	1	2 Skip to next	1	2
301C	Indira Gandhi RAShtriya Apang Nivrutti Vetan Yojna	1	2 Skip to next	1	2
301D	MGNREGA/ NREGA	1	2 Skip to next	1	2
301E	Life insurance for persons with disabilities	1	2 Skip to next	1	2
301F	Railway concession for persons with disabilities	1	2 Skip to next	1	2
301G	Deen Dayal Disabled ehabilitation Scheme	1	2 Skip to next	1	2
301H	Janani Suraksha Yojna	1	2 Skip to next	1	2
301I	Disability Pension	1	2 Skip to next	1	2
301J	National Family Benfit Scheme	1	2 Skip to next	1	2
301K	Vima Yojna LIC Yojna	1	2 Skip to next	1	2

SECTION 4 GENERAL WELL BEING

	Item	Paisa
Q401	Compared to your life in the past one year how many paisa in a rupee are you happy now?	
Q402	Compared to your life in the past one year, how many paisa in a rupee are you feeling calm/at peace?	
Q403	How many paisa in a rupee do you think you will be looked after well by your family if you are seriously ill	
Q404	How many paisa in a rupee does what other people think about you matter to you?	
Q405	How many paisa in a rupee do you worry about the future.	
Q406	In an emergency how many people out of 10 will help you?	____ persons

SECTION 5 GROUP MEMBERSHIP & SOCIAL NORMS

Q501	Are you a member of any group in your village? (multiple coding)	Not a member 0 Mahila mandal 1 SHG2 FarmersClub3	If, Code '0' then go to Q505a
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		Bhajan Mandal 4 Youth/Kishori Mandal युथ/किशोरी मंडळ.....5 Other इतर.....6 (Please specify) (कृपया सांगा) _____	शुन्यकोडके ल्यास Q505a वरजा																								
Q502	Could you please tell me which year did you become the member of the group?	No of Year _____																									
Q503	How have these groups benefitted you?	None1 Less2 Medium.....3 A lot.....4																									
Q504	How many friends or neighbours have you spoken/talked about this group?	_____person व्यक्ति																									
Q505A	What kind of help have you given to other people																										
Q505b	Ask all the services provided How many people have you help with these services What kind of help? (multiple response)	<table border="1"> <thead> <tr> <th></th> <th>Q505 a NO</th> <th>Q505b Number of people</th> </tr> </thead> <tbody> <tr> <td>Economic help</td> <td>1</td> <td></td> </tr> <tr> <td>Went to hosp/clinic</td> <td>1</td> <td></td> </tr> <tr> <td>Arranged transport</td> <td>1</td> <td></td> </tr> <tr> <td>Provided social support</td> <td>1</td> <td></td> </tr> <tr> <td>Resolved disputes/fight</td> <td>1</td> <td></td> </tr> <tr> <td>Prepared food</td> <td>1</td> <td></td> </tr> <tr> <td>Helped on others land</td> <td>1</td> <td></td> </tr> </tbody> </table>		Q505 a NO	Q505b Number of people	Economic help	1		Went to hosp/clinic	1		Arranged transport	1		Provided social support	1		Resolved disputes/fight	1		Prepared food	1		Helped on others land	1		
	Q505 a NO	Q505b Number of people																									
Economic help	1																										
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Arranged transport	1																										
Provided social support	1																										
Resolved disputes/fight	1																										
Prepared food	1																										
Helped on others land	1																										
Q506	How many persons from your neighbouring 10 houses do you think are under distress/strain?	_____ Houses -----																									
Q 507A	Do you know anyone with mental illness in your village?	Yes..... 1 No.....2																									
Q507B	Do you know of any one who has been treated for any mental illness in the	YES1	If coded 2 Then skip to																								

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	past year?	NO 2	Q 509
Q508	If yes, where?	Vaidu1 Govt PHC 2 Other3 Dont know..... 4	
Q509	How many persons experience ,”angat ala” in your village	_____persons _____ Don’t know	
Q510	How many persons can you talk to if you have any problems?	_____ persons	
Q511	Out of ten neighboring how many houses do people drink alchohol ?	_____houses -----घर	
Q512	How many times have you been for an Atmiyata baithak in the past six months?	_____ timesवेळ	
Q513	Have you ever seen the character Atmaram?	Yes..... 1 No.....2	
Q514	If yes. Where?	TV1 Mobile Phone.....2 Radio.....3 Other.....4	

Section 6 Sheehan Disability Scale

Please mark ONE circle for each scale.

WORK* / SCHOOL

The symptoms have disrupted your work / school work:

Not at all	Mildly	Moderately	Markedly	Extremely						
0	1	2	3	4	5	6	7	8	9	10

I have not worked /studied at all during the past week for reasons unrelated to the disorder.

* Work includes paid, unpaid volunteer work or training

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SOCIAL LIFE

The symptoms have disrupted your social life / leisure activities:

Not at all		Mildly		Moderately		Markedly		Extremely		
0	1	2	3	4	5	6	7	8	9	10

FAMILY LIFE / HOME RESPONSIBILITIES

The symptoms have disrupted your family life / home responsibilities:

Not at all		Mildly		Moderately		Markedly		Extremely		
0	1	2	3	4	5	6	7	8	9	10

Section 7 Healthcare consumption, illness and work

PART 1: HEALTH CARE USE

The first part of this questionnaire is intended to tally the number of healthcare visits you made (and how much care you received) for your own health during the *last three months*. We would therefore like you to think back over the period between now and three months ago.

By 'visits' we refer to visits to the surgery or clinic, appointments, telephone consultations and house visits. Phone calls to make an appointment should not be counted.

If you are unsure about an answer, an estimate is also perfectly acceptable.

Primary care

Q701a In the *last three months*, did you visit the...?

Q701b How many times did you visit?

	Health Provider	Q701a		Q701b
		Yesहाँ	No	Times
1.	General practitioner (GP) Pvt.	1	2	
2.	Primary Health Centre (Sarkari)	1	2	
3.	Social worker	1	2	
4.	District Hospital	1	2	
5.	Vaidu	1	2	

OPD for mental health

OPD

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Q702a In the *last three months*, did you have a visit to a clinic or hospital to see a medical specialist in the areas of, without having to be admitted to the hospital?

Q702b For many times did you visit the hospital?

Q702c In the last 3 months, how many times did you bring a family member to any of these health providers?

	Q702a		Q702b	Q702c
	Yes	No	Times	वेळ
1. Psychiatrist	1	2		
2. Vaidu	1	2		
3. Other specialist: _____	1	2		

Inpatient care/Admitted in Hospital

Q703a In the *last threemonths*, have you been admitted to a hospital?

Q703b And for how many days were admitted to a?

Q703c In the last three months, has anyone from your family been admitted to a? (Write 0 days if person has not been admitted)

	Q703a		Q703b	Q703c
	Yes	No	Days	Day
1. General hospital	1	2		
2. Psychiatric ward of a general hospital	1	2		
3. Mental Hospital	1	2		
4. Other institution: _____	1	2		

Care received from family, neighbours, friends

Q704a In the *lastthree months*, did you receive help from ...?

Q704b For How Many days did they help you in the last three Months?

Q704c On a average how many hours did they help you on these days?

	Q704a		Q704B	Q704C
	Yes	No	Days	Hours
1. Family member	1	2		
2. Neighbour	1	2		
3. Friend	1	2		
4. Atmiyata tai/dada आत्मियता ताई/दादा	1	2		
5. Other person: _____ व्यक्ति _____				

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Care received from traditional healers and religious leader's
 Q705a In the *lastthree months*, did you receive help from a...?

Q705b For How Many days did they help you in the last three Months?

Q705c On a average how many hours did they help you on these days?

	Q705a		Q705B	Q705C
	Yesहो	Noनाही	Days	Hours
1. Traditional healer (Vaidu)	1	2		
2. Religious leader	1	2		
3 Other person: _____				

Pharmacy / medication

Q706a In the last *three months*, did you use any prescribed medication for...?

Q706b For how many days have you consumed these medicines in the last three months for a...?

	Q706a		Q706b
	Yes	No	Days
1. Depressed mood	1	2	
2. Feeling anxious	1	2	
3. Trouble sleeping	1	2	
4. Other _____ disorder:	1	2	

PART 2: OUT-OF-POCKET COSTS FOR TRAVEL

The second part of this questionnaire is intended to estimate the costs (in Rupee) that you had to pay from your own pocket for traveling to and from health services that you visited for own health during the *last three months*.

Costs for travel and lodging for visiting health services

Q707 In the lastthree months did you or your family members use any of the following services (any prescribed medication) for...?

		No नाही	Yes, ..Rupeesहो(रुपीसमधे)
1	OPD Government Hospital, cost of travel OPD	1	_____ Rupee
2	OPD Private cost of travel	1	_____ Rupee
3a.	Inpatient care, costs for travel	1	_____ Rupee
3b.	Inpatient care, costs for staying	1	_____ Rupee

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4a.	healers and religious leaders for travel	1	_____ Rupee
4b	healers and religious leaders for lodging	1	_____ Rupee
5	Fees of doctors/health providers and cost of medicine for yourself	1	_____ Rupee
6	Fees of doctors/health providers for family members and cost of medicine for family members	1	_____ Rupee

PART 3: PRODUCTIVITY LOSSES भाग ३ : कामावर आजराचा परिणाम

The third part of this questionnaire is intended to measure productivity losses owing to any ill-health that you may have experienced during the *past 3 month*

	Job 1: काम(१)	Job 2: काम(2)	Job 3: काम(3)
Q709 Which are the jobs which you are currently paid for? तुम्हाला सध्या कुठल्या कामा साठी पैसे भेटतात			
Q710 For how many hours do you this work? तुम्ही हे काम किती तास करतात?	____ hrs तास	__ hrs तास	__ hrs तास
Q711 For how many days a week do you do this work?	____ days दिवस	__ days दिवस	__ days दिवस
Q712 Did health problems oblige you to be off work at any time <i>in the past 3 months</i> ?	Noनाही 1	Noनाही 1	Noनाही 1
YES, ...DAYS, हो.... दिवस	____ days दिवस	__ days दिवस	__ days दिवस
Q713 Did health problems of family members oblige you to be off work at any time <i>in the past 3 months</i> ?	Noनाही 1	Noनाही 1	Noनाही 1
YES, ...DAYS, हो.... दिवस	____ days	__ day s	__ days
Q714 Sometimes people feel ill, but go to their work nevertheless and are then less productive. If you had to catch up on all the work you were unable to perform over the <i>past 3 months</i> because of health problems, how many days of work would you be	Noनाही 1	Noनाही 1	Noनाही 1
	____ days दिवस	__ days दिवस	__ days दिवस

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forced to make up? करावा लागेल.			
Q715 On an average how many hours a day would you need to catch up the work? Average hours a day	____ hrs तास	____ hrs तास	____ hrs तास

Section 8 CAGE Questionnaire

Now I will be asking you a few questions related to habits which people have when they are at home, go to meet friends or at festivals or marriages?(to be asked to men only)

Q801a Do you consume the following products in any of these occasions?

	Yesहो	Noनाही
	1	2
Eat Pan पान खाने	1	2
Eat pan Masala पान-मसाले खाने	1	2
Have gutkha गुटखा घेणे	1	2
Smoke Beedi बीड़ी पिणे	1	2
Eat supari सुपारी खाने	1	2
Alcohol दारू	1	2

IF, CODED '1' for alcohol then CONTINUE ELSE THANK AND TERMINATE THE QUESTIONNAIRE

If, coded '1' then continue

		Yesहो	Noनाही
Q801b	Have you ever felt you should Cut down on your drinking?त	1	2
Q802	Have people Annoyed you by criticizing your drinking?	1	2
Q803	Have you ever felt bad or Guilty about your drinking	1	2
Q804	Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover (Eye opener)?	1	2

THANK YOU आभार