

# THE ALGOMA MODEL

STRENGTHENING PARTNERSHIPS, SUPPORTING OUR YOUTH.  
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On behalf of the Student Support Leadership Initiative (SSLI) Group we'd like to update you on a number of new initiatives and resources which will be available for your use and which will be valuable for you to pass along to your school community.

We hope that you will be proactive in sharing this material with your staff and parents. Please consider:

- placing this in school newsletter;
- placing on your school's website;
- sharing at staff meetings;
- sharing with Parent Involvement Committee
- sharing with Student Council

## TRIPLE P POSITIVE PARENTING PROGRAM

The Triple P Positive Parenting Program is a new program listed as a new resource on the Algoma Model Website Portal and now appears under our Youth Services Programs. Triple P Positive Parenting Program is a partnership of all Child and Youth Service Agencies who are pleased to offer *Triple P Seminars* throughout the Algoma District. *Triple P* is an evidence-based, positive parenting program. The seminars are meant for all parents, whether they have a specific problem or are just looking for advice on common everyday issues. It provides easy to use tips and new ideas that will help parents build confidence and new skills.

*Triple P* is built on 5 principals:

1. Ensuring a safe, interesting environment
2. Creating a positive learning environment
3. Using assertive discipline
4. Having realistic expectations
5. Taking care of yourself as a parent

Each *Triple P Seminar* is offered in three parts, over three dates, to cover three different parenting areas:

Seminar #1 - The Power of Positive Parenting

Seminar #2 - Raising Confident, Competent Children

Seminar #3 - Raising Resilient Children

Attendees may come to one or all of the programs. The "0-12 Seminars" are geared at parents of children up to age 12. "Teen Seminars" are offered for parents of children 13 years of age and older.

For a list of Triple P Seminars, dates, times and locations, please go to the Events Calendar Listing on the Algoma Model Website.

<http://www.algomamodel.ca/events.php>

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## 2. BULLYING RESOURCES

“Bullying Resources” is now a prominent tab on the Algoma Model homepage menu. The tab takes a browser to an extensive list of websites (and their respective web links) which will provide information and resources for victims, bystanders and bullies as well as their families and peers. These are websites that have been approved by and also appear on the Ontario Ministry of Education’s website. Given the focus on bullying prevention, we felt it important to make this a priority and to place this resource in a very visible location on the Algoma Model.

<http://www.algomamodel.ca/content.php?ID=16>

## 3. KIDS HELP PHONE



### What is Kids Help Phone?

- Phone Counseling
- Web Counseling
- For ages 20 and under
- Free, 24/7
- Anonymous & Confidential
- Non-judgmental

We have placed the Kids Help Phone prominently on the front page of the Algoma Model Homepage. It links directly to the Kids Help Phone website.

## 4. EVENTS CALENDAR

An Events Calendar feature has been added on the Algoma Model homepage so that our partners can provide us with dates and information on any upcoming Workshops, Conferences, Training, and Special Events that would be pertinent to those browsing the Algoma Model Website. We have not yet fully populated this but will be encouraging our partners to supply us with dates and info to be added to this calendar.

Currently, posted on the Events Calendar are dates for upcoming Triple P Seminars and Mental Health First Aid.

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