



FGD QUESTIONS FOR HEALTH CARE WORKERS

1. What is mental illness?
2. What do you think is the cause of mental illness?
3. What are the different types of mental illness?
4. What do you think society thinks or other people say about mental illness? Do you believe these views are true or it is a myth?
5. Have you encountered people with mental illness in your community? Do you encounter these people in your current practice?
6. Is mental illness treatable, if yes why and what is the source of care, if no why not?
7. What do you understand by depression? What are the signs and symptoms of depression? How is depression different from other types of mental disorders? Do you come across people with depression in your current practice?
8. How do you identify the problems they have?
9. Please tell me about how you care for these patients.
10. What challenges do you face when managing patients with mental illness particularly depression? How do you cope with these problems?
11. How often do you interact with other people who render care to patients with mental illness for instance faith healers or traditional healers in the course of your work?
12. Have you ever used any mobile based health application? If YES, what was it and how was your experience?
13. What are your views on integrating mobile based health applications in managing patients with depression or mental illness in your current practice? Do you foresee any problems? How would you resolve these problems?