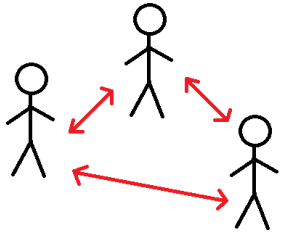




Social distancing means you should stay away from other people.



Social distancing is also called physical distancing.

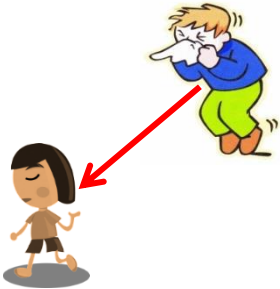
It is important to stay away from other people to make sure you do not get or spread Coronavirus.

To stay away from people you can follow the rules below.



1. Stay at home as much as you can.

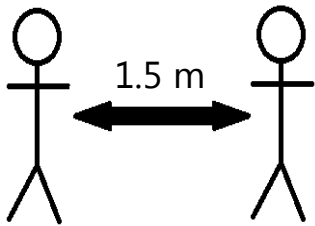
Try not to touch or get very close to the people you live with.



2. Stay away from people who are sick

or those who have symptoms of the flu.

Keep at least 1.5 meters away from them at all times.



3. When you go to the shops or clinic

try to keep 1.5 meters away from other people.

Do not kiss and hug, shake hands, high five or fist bump.



4. Do not meet up with friends or family face to face.

Keep in contact safely by calling them

or messaging them on your phone.

This document was proof read by:

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| <ul style="list-style-type: none">• Lusanda Rhoxo• Jeremiah Kasper | <ul style="list-style-type: none">• Siphamandla Matiwane |
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