




MindEd

e-learning to support young healthy minds



**Free online education to
help adults to identify
and understand children
and young people with
mental health issues**

Launching Spring 2014: www.minded.org.uk



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‘ Many adults in regular contact with children and young people have little or no idea how to recognise or respond to emotional or behavioural problems. ’



Our aim is to provide simple, clear guidance on mental health to the one million adults who work with children and young people, to help them support the development of young healthy minds.

This free educational tool will be easily available for all professionals who interact with children, including teachers, health and social care staff, counsellors, community workers, police and youth offending officers, faith groups, sports coaches, volunteers and many more.

MindEd will signpost information about services and therapies available to help children and young people with mental health issues. MindEd will also publish a review of online therapies which can be used by and with children and young people for treatment of common mental health disorders.

The MindEd programme is funded by the Department of Health and developed and written by experts in child and mental health.



‘ With three-quarters of adult mental disorders in evidence by the age of 21, effective early interventions are essential in preventing the development of ill health and disability. ’

